

Dear Family and Friends--

Today marks the 12<sup>th</sup> full day of Rehab for Teresa. She is continuing to make good progress in her recovery from the fracture of her right clavicle and surgery to repair that, and from her stroke which affected her speech and her right arm and right leg. She has a team of wonderful therapists, who encourage her and are working to get her in top shape again.

She can now walk approximately 160 ft with a "hemi walker" (which is sort of a half-sized walker that she holds in her left hand). She is also receiving some electrical stimulation therapy to her right arm, which sends electrical impulses to generate a muscle contraction, resulting in the movement of

[electrical stimulation](#) is the sending of electrical impulses to generate a muscle contraction. This is usually done via surface electrodes stuck to the skin over the target area.

generation of a muscle contraction by the electrical stimulation, resulting in the movement of a joint. The benefits include improved muscle strength, increased range of movement of the targeted muscles,